

2025 CANADIAN PSYCHEDELIC SUMMIT

HOLLYHOCK
LEADERSHIP INSTITUTE

AUGUST 13 - 17, 2025
Cortes Island, BC

PROGRAM GUIDE



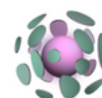
retreat.guru 



minority
trip
report



**Psychedelic
Association
of Canada**



mission club

TheraPsil 
PSYCHEDELIC ADVOCACY & TRAINING | EST. 2019

**EMPOWER
HEALTH**
Transformative Healthcare
Solutions



THE FLYING SAGE

Wednesday August 13 DAY 1	Thursday, August 14 DAY 2	Friday, August 15 DAY 3	Saturday, August 16 DAY 4	Sunday, August 17 DAY 5
	Self-Guided Meditation in Sanctuary 6:00-7:00	Self-Guided Meditation in Sanctuary 6:00-7:00	Self-Guided Meditation in Sanctuary 6:00-7:00	Self-Guided Meditation in Sanctuary 6:00-7:00
	Guided Tai Chi in Kiakum 7:00-8:00	Yoga in Kiakum 7:00-8:00	Yoga in Kiakum 7:00-8:00	
	8:00-9:00am BREAKFAST	8:00-9:00am BREAKFAST	8:00-9:00am BREAKFAST	8:00-9:00 BREAKFAST
	9:15-10:30am Morning Grounding & Connection Activities <i>Olatunji Hall</i> 11:00am - 12:15pm Morning Plenary - Preserving our Roots, with Erika Dyck, Reanna Daniels, Kelly Daniels <i>Olatunji Hall</i>	9:15-9:30am - Morning Grounding, <i>Olatunji Hall</i> 9:30-10:45am - Morning Plenary Indigenous Medicine Conservation Fund Addresses the Psychedelic Field with Sandra Suasnabar 11:15 - 12:00pm - Breakout Sessions <i>Olatunji and Kiakum</i> Threshold Thinking: Leadership When the Old Maps Fail with Raad Seraj and Sumit Bhatia Forgiving the Unforgivable: Healing Generational Trauma with the Catalyst, with Belinda Eriacho	10:00.- 12:00pm Clarity Breathwork with Crystal Dawn <i>Olatunji Hall</i>	Please check-out of Rooms by 10am 10:00 - 11:00 Closing Circle 12:30pm Charter Group departure time
	12:30-1:30pm LUNCH & Roundtables	12:30-1:30pm LUNCH & Roundtables	12:30-1:30pm LUNCH & Roundtables	12:30-1:30pm LUNCH
5:00pm Welcome + Land Honouring	2:30 - 4:00pm - Breakout Sessions <i>Raven and Kiakum</i> Raising the Bar on Psychedelics: A Collective Vision for Canada, with Sumit Bhatia and Jay Katz Reclaiming Death: Ancestral Cosmologies, Psychedelics & the Sacred Cycle, with Wilhelmina De Castro	Afternoon Off • Kayaking Tour (Limited Spots, Sign up Here) • Garden Tour • Guided Forest Walk	2:30 - 4:30pm Nature Listening with Modern Biology <i>Olatunji</i>	
			5:30-6:30pm - Oyster BBQ	
6:30-7:30pm DINNER	6:30-7:30pm DINNER 7:30-8:00pm PODS	6:30-7:30pm DINNER 7:30-8:00pm PODS	6:30-7:30pm DINNER 7:30-8:00pm PODS	
7:30pm Orientation & Connecting	8:20 - 9:00pm Evening Plenary - Ancestral Knowledge and Spirituality Speaking Through Contemporary Indigenous Art with Suni Sonqo <i>Olatunji Hall</i>	9:00pm Social and Dance Party	8:00pm Evening Open Mic	
Campfire	Campfire			

PRESENTERS



ERIKA DYCK

Author, Professor, Canada
Research Chair, History of Health &
Social Justice
University of Saskatchewan



KELLY DANIELS
Knowledge Holder
**First Nations University of
Canada**



REANNA DANIELS
Program Coordinator
**First Nations University of
Canada**

PRESERVING OUR ROOTS: A HISTORICAL LOOK AT TRADITIONS AND THEIR ENDURING INFLUENCE IN THE PSYCHEDELIC RESURGENCE

The psychedelic resurgence of the 21st century revisits some of the therapeutic practices developed in the 1950s, while acknowledging a longer set of traditions existed within Indigenous healing approaches. However, some of the fundamental principles of psychedelic therapy to this day continue to rely on a relationship between western medicine and Indigenous spiritual and healing traditions.

While current clinical practices continue to pay attention to “set and setting”, the historical partnership between Indigenous and Western practices has often been overlooked.

In the first part of this presentation, historian Erika Dyck traces some of this early history that combined clinical and ceremonial practices to interrogate key features of the psychedelic experience. In the second part, NAC members Kelly and Reanna Daniels (descendants of the ceremony that Osmond participated in) reflect on the practices of the NAC and consider how we may benefit from restoring this relationship with Indigenous knowledge keepers.

Read about Erika [here](#). Read about Kelly [here](#). Read about Reanna [here](#).

PRESENTER



SUNI SONQO VIZCARRA WOOD

Founder, **Suni Sonqo Art**,
Cultural Community member, **Ñawpa Ñan**

**CONTEMPORARY INDIGENOUS ART AS A CHANNEL
FOR ANCESTRAL KNOWLEDGE AND SPIRITUALITY**

Suni Sonqo is a Quechua artist from the Andean mountains of Taray, Cusco, Peru. Immersed in his pre-Columbian traditions, Suni's multidisciplinary practice serves as a channel to speak on the importance of Indigenous ancestral knowledge for cultivating a path towards a sustainable and balanced future for all.

He participates in cultural exchanges, panels, and gives artist talks. Suni is an active member of his community Ñawpa Ñan, and an international network of Indigenous Nations dedicated to cultivating ancestral roots through a decolonizing path which inspires his artistic expressions.

Read more about Suni [here](#).

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PRESENTER



CRYSTAL DAWN SILAS

Clarity Breathwork Practitioner, Harm Reduction &
Psychedelic Assisted Therapy Consultant, Wellness Retreat
Facilitator, Physician, Herbalist

CLARITY BREATHWORK WORKSHOP

Crystal Dawn Silas, MD is a family and functional/integrative medicine woman, herbalist, writer, speaker, and world traveler who informs and empowers everywhere toward a healthier and more wholesome holistic life.

Join Dr. Crystal Dawn for a transformative Clarity Breathwork workshop! Just as mushroom mycelium spreads a network of communication beneath the Earth's surface, we too can tap into its deep wisdom and renewal. Through cyclic breathing, music, and guided imagery, we'll journey into extraordinary states of awareness to connect with the ancient wisdom of the fungal grandmother. Discover messages that will enhance personal and planetary well-being. Don't miss this opportunity for rebirth, rejuvenation, and profound connection. Experience the magic of Clarity Breathwork with us!

Read more about Crystal [here](#)

PRESENTER



SANDRA SUASNABAR ALBERCO
Indigenous Medicine Conservation Fund

**OUR DECLARATION: INDIGENOUS COMMUNITIES AND
THE INDIGENOUS MEDICINE CONSERVATION FUND
ADDRESS THE PSYCHEDELIC FIELD**

Sandra Suasnabar Alberco is of Andean-Indigenous ancestry, originally from Peru. She holds an MA in Expressive Arts Therapy and Psychology, and has 15+ years of experience supporting diverse communities affected by complex inter-generational trauma, violence, and systemic oppression. Sandra's practice has taken place in community-based, non-profit, social justice, education, and health-based settings in Canada.

She has worked as a therapeutic counsellor, advocate, manager, educator, and consultant, with each role being deeply informed by her lived experience and intersecting identities. In recent years, Sandra and her family have lived and worked in rural-northern Indigenous communities. Sandra remains deeply connected to her ancestors' knowledge, culture and worldviews as she contributes to her community and raises her toddler. Sandra is the Executive Assistant to the IMC Fund and supports the whole executive suite in their management of complexity. Read more about Sandra [here](#).

PRESENTER



WILHELMINA DE CASTRO, LCSW

Executive Director

PRATI (Psychedelic Research and Training Institute)

**RECLAIMING DEATH: ANCESTRAL COSMOLOGIES,
PSYCHEDELICS & THE SACRED CYCLE**

Wilhelmina De Castro, LCSW (She/They) serves as PRATI's Executive Director and is trained in KAP (Ketamine Assisted Psychotherapy) through PRATI and MDMA Assisted Psychotherapy through MAPS.

This immersive workshop invites participants to explore diverse cosmologies of death and dying from cultures around the world—honoring Indigenous, ancestral, and earth-based traditions that view death not as an end, but as a sacred transition. Through storytelling, ritual, and dialogue, we will examine how colonization, white supremacy, and Western clinical frameworks have severed many communities—especially in the West—from relational, cyclical, and spirit-centered understandings of death. Participants will be guided to reflect on what has been lost in this rupture and how it shapes our personal and collective relationship to grief, dying, and the afterlife.

Read Wilhelmina's full bio [here](#).

PRESENTER



BELINDA ERIACHO MPH, MT

Wisdom Carrier, Educator, Bridge Builder

**FORGIVING THE UNFORGIVABLE: HEALING
GENERATIONAL TRAUMA WITH THE CATALYST**

A powerful story of my journey through ancestral pain, deep healing, and the act of forgiving the unforgivable—made possible through the sacred Catalyst. This session explores how breaking the cycles of generational trauma can open new pathways of liberation, healing, and hope for the generations to come.

Belinda is an enrolled member of the Diné (Navajo) Nation. Her paternal lineage is from the Zuni people.

Belinda is the author of several publications impacting Native American communities and a contributing author to several psychedelic books to help bring an inner standing of Indigenous views and help bridge gaps of understanding between psychedelic science and Indigenous heart-centeredness.

Read Belinda's full bio [here](#).

PRESENTER



MODERN BIOLOGY
Tarun Nayar

**FIELD TRIP - PLANT AND MUSHROOM 'MUSIC'
WITH MODERN BIOLOGY**

'Field Trip' is a an outdoor plant and mushroom 'music' experience that combines foraging, park cleanup, and a live deep listening experience.

On arrival you'll be given a set of wireless headphones. To help shift your state of being, wherever you may be coming from on that day, I'll be creating ambient, dreamy soundscapes made with the bioelectricity of the flora and fungi we find around us! This is literally my favorite thing to do, and I can't wait to share it with you.

Please note that I want to create a space for you to drop into the sights, sounds, and smells around you during the listening period of this experience. I recommend saving conversations, questions, and curiosities for the end of the show where I will have dedicated time for talking more about the music, getting interactive, and more.

This event is rain or shine! I love working outside in all sorts of weather.
Read more about Modern Biology [here](#).

PRESENTERS



Sumit Bhatia
Board Member, PAC



Jay Katz
Executive Director, PAC

RAISING THE BAR ON PSYCHEDELICS: A COLLECTIVE VISION FOR CANADA

Hosted by the Psychedelic Association of Canada, this participatory breakout session invites you into the heart of a national movement. Learn how PAC is advancing open, ethical, and equitable access to psychedelics across the country, and help co-create the path forward. Through powerful stories, grassroots collaborations, and breakout conversations, we'll explore how to accelerate access, shape public policy, and create a psychedelic future that uplifts all communities. Bring your wisdom, your questions, and your fire.

Read more about Sumit [here](#).

Read more about Jay [here](#).

PRESENTERS



Raad Seraj
Founder, Mission Club
+ Minority Trip Report



Sumit Bhatia
Board Member, PAC

**THRESHOLD THINKING:
LEADERSHIP WHEN THE OLD MAPS FAIL**

In times of rupture, old frameworks don't just fall short, they become obstacles. This session explores leadership as a creative, emergent act: one that builds in public, prototypes aloud, and embraces community not as consensus but as compass. We'll practice the kind of threshold thinking that turns uncertainty into high quality signal and treats collective imagination as infrastructure.

Read more about Raad [here](#).

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ADVISORS & TEAM



Kim Haxton
Lead Facilitator
Co-founder, *Indigeneyez*



Raad Seraj
Founder
*Mission Club, Minority
Trip Report*



Sumit Bhatia
Board Member
Psychedellic Association
of Canada



Francine Douglas
Manager
Sacred Circle



Stephanie Michael Stewart
Psychiatrist, Worldwide Wellness &
Board Member,
*Chacruna Institute for Psychedelic
Plant Medicines*



Laurel Dault
Director
*Hollyhock Leadership
Institute*



Orane Cheung
Tech Lead
*Hollyhock Leadership
Institute*



Travis Clifford
Program Coordinator
*Hollyhock Leadership
Institute*



Nicole Ebert
Partnerships & Ecosystems
*Hollyhock Leadership
Institute*

Campus Spaces

Hollyhock campus on Cortes Island offers an immersive retreat experience nestled between the Salish Sea and ancient forests, featuring beautiful gardens, multiple meeting spaces like Olatunji Hall and Raven, and inspiring ocean views

See all the Campus spaces [here](#)

Body Works

Restore yourself with our comprehensive Healing Arts offerings such as Massage and Craniosacral therapy.

See our complete list of offerings and book at the following [link](#).



Spa and Sauna

In 2024, the campus added upgraded ocean-view hot tubs, a sauna, and an outdoor shower overlooking the sea, enhancing both relaxation and connection with nature.

See the updated [Campus Amenities](#).



Meals at Hollhock

Food is served buffet style, with accommodations arranged according to registration information that participants provided.

View up-to-date info on the Restaurant menu on the [Restaurant page](#).

Activities and Exploring

Beyond scheduled sessions, there are many ways to slow down and connect with the land — from guided nature tours, to wellness offerings like astrology, massage, and more.

Discover all options for your stay [here](#).



Participant Charter

Embrace Ease in Your Journey to Hollyhock and ride the **Summit Participant Charter**

Hollyhock organizes a charter to take you directly to Cortes Island with pickups in **Vancouver** and **Nanaimo**.

Limited seats available.

Reserve your spot here



Flying

If your time is limited, you can register your interest in flying direct from Vancouver Airport South (YVR-S).

Daily scheduled flights also run between Campbell River and Cortes Island, as well as YVR-S.

For full travel options and pricing, please view our suggested itineraries.