

Your Daily Schedule

Tantra for Couples: Discovering Sacred Intimacy with Devi Ward Erickson & Chris Erickson

TIME	DAY 1 Tues July 6	DAY 2 Wed July 7	DAY 3 Thursday, July 8	DAY 4 Fri July 9	DAY 5 Sat July 10	DAY 6 Sun July 11	
6:00AM-7:00AM		Self-Guided Meditation Sanctuary Building	Self-Guided Meditation Sanctuary Building	Self-Guided Meditation Sanctuary Building	Self-Guided Meditation Sanctuary Building	Self-Guided Meditation Sanctuary Building	
7:00AM-8:00AM		Free Time	Yoga Raven Building. Sign up on Activities Board.	Sunrise with Seabirds 6:30am-8:00am Meet Naturalist Bill on Hollyhock Beach	Yoga Raven Building. Sign up on Activities Board.	Free Time	
8:30AM-9:30AM		BREAKFAST	Hollyhock Garden Tour 9:00-9:45am	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
		Morning Session 10:00am-12:00pm Raven		Morning Session 10:00am-12:00pm Raven	Morning Session 10:00am-12:00pm Raven	Morning Session 10:00am-12:00pm Raven	Morning Session 10:00am-12:00pm Raven
12:30PM-1:30PM		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
1:30PM-6:00PM		Afternoon Session 2:00pm-5:00pm Raven	Afternoon Session 2:00pm-5:00pm Raven	AFTERNOON OFF 1:30 - 3:30pm Guided Nature Hike with Naturalist Bill OR *book a massage, rent a paddle board, go on a guided kayak tour or afternoon cruise	Afternoon Session 2:00pm-5:00pm Raven		
		DINNER Lodge	DINNER	DINNER	Oyster Appetizer BBQ 5:30-6:30pm Under the Event Tent		
6:30PM-7:30PM		Orientation 7:30-8pm Lodge	DINNER	DINNER	DINNER		DINNER
8:00PM-10:00PM		Opening Session with Devi & Chris 8:00-9:30pm Raven Building	Free Time	Free Time	Presenter Evening "Healing with the Tibetan 5 Elements with Devi & Chris" 8:00pm-9:30pm Under the Event Tent		Free Time

*Extra charge for these activities. Book in Hollyhock Store.

HOLLYHOCK