

HOLLYHOCK

Position: Yoga Instructors (2 available)

Reports to: Program Operations Manager

Start Date: Wednesday, May 8th, 2019

Hours and Location: Part-time, Seasonal (May-October) on Cortes Island

Wage: \$50/class, \$17/hour meetings

ABOUT US

Hollyhock exists to inspire, nourish, and support people making the world better. From our humble beginnings in 1982 as a project of Greenpeace founders and human potential movement leaders, Hollyhock has been transforming North American society for over 37 years. Hollyhock catalyzes connection, personal growth, and progressive social change. We run about 100 programs and conferences per year on our Cortes Island campus and in Vancouver, BC.

ABOUT THE ROLE

Hollyhock Yoga instructors create a safe and welcoming space for our guests and lead Hatha-based yoga classes focusing on gentle movement, postures, breathing and relaxation. The Yogis are experienced in leading classes with students at various levels – from beginner to advanced – providing modifications for every body. The instructor also uses their training, experience and intuitive communication skills to provide a memorable and mindful yoga class, to help our guests prepare for the day ahead.

ABOUT YOU

As a Hollyhock Yoga Instructor, you have a welcoming spirit and confident presence that makes your students feel safe and motivated. You're in tune with the energy and skill level of your participants, so you can support those who need assistance while maintaining control and flow of the class. You bring your unique personality to the room, to create a rare and memorable experience. You are flexible in body and mind and know when to listen and observe, meeting students where they are that day, and quickly adapting to their needs and sensitivities. You are professional, respectful, organized, and highly reliable. You communicate cordially with guests at all times and have an ability to work enthusiastically and cooperatively as part of a team. You enjoy being part of an organization that promotes health, wellness and personal growth in the development of strong social leaders and change makers.

KEY RESPONSIBILITIES

- Plan and guide guests, islanders, volunteers and staff members through a high-quality, well-sequenced, 50-minute yoga class, inclusive of all levels of experience.
- Demonstrate proper form and technique, while creating a safe and supportive space for all guests.
- Prepare & maintain the yoga space before and after sessions.
- Work with the A/V Tech Coordinator to organize and maintain the yoga equipment inventory: mats, props, blankets, cushions.
- Submit complete and accurate timesheets to the Program Operations Manager on the last day of each pay period.
- Arrange shift coverage well in advance of approved time off.

- Adhere to policies and procedures in the Staff handbook and Yoga Instructor Job description, regarding yoga class procedures, professionalism and client relations, and time off requests.
- Ensure the class sign-out sheet is filled at the beginning of each class.
- Collect drop-in fees from offsite guests or visitors and deliver to the Program office, along with that day's sign-out sheet.
- Other duties as assigned.

QUALIFICATIONS

- Minimum 200-hour Yoga Teacher Certification
- Substantial experience teaching yoga classes
- First Aid certificate
- Personality, technique and presence to create a unique, world-class yoga experience
- Positive and supportive attitude both on and off the mat
- Passionate about improving both the mental and physical health of the students
- Excellent client service, communication and organizational skills
- Strong time management skills and superior reliability

WORKING CONDITIONS

- Yoga classes are held in one of two shared Program spaces or in our Sanctuary building.
- Most Yoga classes run from 7:00am-8:00am, although some classes may be scheduled in a one hour block between 4:00pm-6:00pm.
- Classes are scheduled on weekdays, weekends, and some statutory holidays.

SAFETY

- Maintains procedures that ensure the safety and well-being of guests and staff
- Possesses awareness of how to implement safety related tools and procedures
- Ensures completion of all incident reports in a timely manner
- Attends monthly yoga safety meetings.

APPLY

These positions are open until they are filled. Please get your application in as soon as possible. Apply by emailing darcy@hollyhock.ca with your resume and cover letter.

Please note: only short-listed candidates will be contacted.

Hollyhock is committed to creating a fair and respectful environment that protects and promotes human rights. Hollyhock believes that a workforce that reflects the diversity of the communities we serve strengthens our ability to achieve our mission. We strongly encourage applicants of all genders, ethnic and cultural backgrounds, sexual orientations, abilities, and with a range of life experiences to apply.