



**APRIL**

- 7-8 Crossing the Bridge with THRIVE Parenting\* **Sean Hannon & Merissa Jennings-Turner**
- 18-20 Social Venture Institute Vancouver\* **Hollyhock**
- 20-22 Metta Vipassana\* **Michele McDonald & Steven Smith**
- 25-5/9 Metta Vipassana **Michele McDonald & Steven Smith**

- 23-27 Media That Matters **Bill Weaver, Sue Biely & Tracey Freisen**
- 23-27 Wild Cortes: Birds, Flowers & Poetry **Rex Weyler & George Sirk**
- 27-31 Activate: digital leadership **Hollyhock**
- 27-6/1 Dreamtime Didjeridu **Shine**

**JUNE**

- 1-6 Align Head & Heart: Neuroscience + The Desire Map™ **Catherine Roscoe Barr & Jenny Xenos**
- 6-9 Forest Bathing & Sea Scrubbing **Diana Beresford-Kroeger**
- 6-10 The Activist as Mystic **Dan Hines**
- 6-10 Creating a Climate for Change: Activist Training **Tzaporah Berman & Clayton Thomas-Müller**
- 10-15 Evolutionary Leadership **Gibrán Rivera**
- 10-15 Healing Power of Relational Constellations **Dyrian Benz & JoAnne Chartrand**
- 15-20 Summer Solstice: Yoga, Ritual, Meditation **Mara Branscombe**

- 15-20 Evolutionary Leadership Graduate Program **Gibrán Rivera**
- 15-20 Spiritual Promiscuity & the Bodhisattva Path **Mirabai Starr**
- 20-24 Social Change Institute **Hollyhock**
- 24-29 Mandalas: Art as a Spiritual Path **Paul Heussenstamm**
- 24-29 Radical Dharma: The Conversation **Rev. angel Kyodo Williams**
- 24-29 Time of Transition **Thomas Atum O’Kane**
- 29-7/4 Holy Sh\*t: Writing the Sacred & Profane in Life **Ann Randolph**
- 29-7/4 Dancing From the Inside Out **Margie Gillis**
- 29-7/4 Sea Kayaking Adventures Aboard Misty Isles **Michael Moore**
- 29-7/4 The Gift of Grace in Love, Life and Service **Thomas Atum O’Kane & Emmanuel O’Kane**

**JULY**

- 4-8 Improv: Your Creative Self, Unleashed! **Joshua Townshend-Zellner**

- 4-8 From Point-and-Shoot to Brilliant Photography **Charles Steinberg**
- 4-8 Indigenous Wisdom: Welcome Home to Your Village\* **Kathi & Chris Camilleri**
- 4-8 Awakening Through AstroDharma **Catherine Pawasarat**
- 8-13 Joy of Ukulele **Kimo Hussey**
- 8-13 Discover Cortes: Nature Adventures **Bill Ophoff**
- 8-13 From Illusion to Enlightenment **Michael Roads**
- 13-17 Padma Meditation: Finding Freedom & Joy! **Padma Shyam**
- 13-18 Continuum Movement® **Donnalea Van Vleet Goelz**
- 18-22 Masterclass in Creative Collaboration **Adam Wolpert**
- 13-16 Aung Medical Qi Gong & Intuition **Dr. Steven Aung**
- 19-22 The Future of Children: Conscious Teaching **Phillip Moore**
- 22-27 Peace Building Through Music **Morley**
- 22-27 Summer Gathering: Navigating the Tides of Change **Rick Ingrassci & Peggy Taylor**

- 22-27 IndigenEYEZ Leadership Essentials **Kim Haxton**
- 27-8/1 Song of the Drum, Dance of Life **Gordy & Zoë Ryan**
- 27-8/1 Building a Vocal Community™ **Ysaye Barnwell**
- 27-8/1 Falling Awake: The Ecology of Wonder **David Abram**
- 27-8/1 Healing Family & Ancestors: Ritual & Resonance **Jill Purce**

**AUGUST**

- 1-5 Earth Mate, Soul Mate **Alina Frank & Craig Weiner**
- 1-5 Science & Spiritual Practices **Rupert, Merlin & Cosmo Sheldrake**
- 2-5 Founders + Friends **Hollyhock**
- 5-10 Emotional Freedom Technique (EFT) Level 1 & 2 **Alina Frank & Dr. Craig Weiner**
- 5-10 Trauma, Body & the Brain **Bessel van der Kolk & Licia Sky**
- 5-10 Sharing the Path: For Couples **Robert Gass & Judith Ansara**
- 10-15 Dancing the 5 Elements **Zoë & Gordy Ryan**

- 10-15 Healthy Running with Mindful Strides **Marilyn Arsenault**
- 10-15 Fermentation, Herbalism & Folk Wisdom **Heather Wolf**
- 15-20 The Naked Voice Wisdom School **Chloë Goodchild**
- 15-20 The Art of Leadership **Robert Gass**
- 20-24 Singing for Change **Siobhan Robinsong**
- 20-24 Move Without Pain: Essential Somatics **Martha Peterson**
- 20-24 Council of Waters and Trees **Amos Clifford**
- 24-28 Come of Age: The Case for Elderhood in a Troubled Time **Stephen Jenkinson**
- 24-29 The Story From Hear: Place-Based Podcasts **Jen Moss & Jenni Schine**
- 29-9/2 Dive in to Expressive Arts **Kathleen Horne**
- 29-9/2 Walk2Talk: Moving Conversation **David Baum**

**SEPTEMBER**

- 2-7 Dance of Oneness® **Banafsheh Sayyad**
- 7-9 Your Soul’s Plan: Awakening to Your Life Purpose\* **Robert Schwartz**
- 7-12 Wildcrafted Art Intensive **Nick Neddo**

- 7-12 Climate + Spirit: Living the Spiritual Dimensions of the Climate Crisis **Hollyhock**
- 12-16 Watercolour as a Path to Awareness **David McEown**
- 12-16 Renegade Writing **Janelle Hanchett**
- 12-16 Whole Human Health: Functional Medicine 2.0 **Lawrence Cheng & Devon Christie**
- 16-19 Organs and Emotions **Farah Nazarali & Jennifer Clarke**
- 16-19 Business Inside Out **Urszula Lipsztajn & Mike Rowlands**
- 16-19 Equine Guided Learning: A Nature Retreat with Horses **Oriane Lee Johnston & Kera Willis**
- 19-23 Social Venture Institute **Hollyhock**
- 23-28 Yin Yoga and Social Justice **Danielle Hoogenboom & Dia Penning**
- 23-28 Mindfulness-Based Cognitive Therapy (MBCT) **Mark Lau & Andrea Grabovac**
- 28-10/3 Leading Through the Body **Bettina Rothe**

- 28-10/3 Ritual + Practice For The Urban Homestead **Carmen Spagnola & Ruben Anderson**

**OCTOBER**

- 7-12 Finding Neutral: Pilates + Yoga for Centred Living **Loretta Laurin**
- 7-12 Radical Aliveness **Ann Bradney**
- 12-17 Mindfulness Meditation **Robert Beatty**
- 12-17 From Pitching to Pages: Writing for Film & Television **Peter Behrens**
- 7-11 Cell Level Healing: Wild Awakening for Health **Joyce Hawkes and Helen Folsom**
- 17-21 Wild Mushrooms and the Mycology of Consciousness **Paul Stamets**
- 20-21 Drawing & Painting: Transforming the Ordinary\* **Lori Goldberg**

**NOVEMBER**

- 16-18 Hello Again: A Fresh Start for Parents & their Adult Children\* **Gabor Maté & Daniel Maté**
- 19-21 Alchemy of Group Facilitation\* **Julian Griggs**